



Dear Union Leaders,

We're excited to share an enhancement to the IMAP program that will strengthen our support of our members' mental health and well-being.

Beginning August 1st, Youturn Health will serve as the "*front door*" for all things behavioral health across our union. Whether it's stress, anxiety, burnout, or substance use—members will now have immediate access to a certified peer coach who's been where they are and knows how to walk alongside them in total confidence.

This doesn't replace your existing Employee Assistance Program (EAP). In fact, they work hand-in-hand.

If a member needs a higher level of care, Youturn Health will refer them directly to your region's existing EAP, ensuring your resources are fully utilized and no unnecessary costs are incurred. This collaborative approach honors the support systems many of you already have in place while adding a layer of *real-time, judgment-free coaching* that meets members where they are.

To make this work, we need your help.

Please take a moment to fill out the attached form with your region's current EAP information. This allows the Youturn Health coaches to connect members to the right care when it's needed most—without delay or confusion.

We believe this partnership is a powerful step forward in protecting the health, dignity, and future of our members and their families. Thank you for helping us build a support system that's proactive, personal, and built to last.

Please feel free to forward this to your local EAP provider or health care administrator.

<https://forms.office.com/r/LgSPH6GcQT>

If you have any questions, please do not hesitate to contact **Bridget Kelly at 978-328-8787 or bkelly@youturnhealth.com**.

Sincerely,

A handwritten signature in black ink, appearing to read "Hamilton Baiden".

Hamilton Baiden
CEO, Youturn Health